
CROSS COUNTRY ELEMENTARY / MIDDLE SCHOOL
AT THE NORTHWESTERN BUILDING

CROSS COUNTRY ELEMENTARY / MIDDLE SCHOOL

AT THE NORTHWESTERN BUILDING

Country· Elementary/Middle School

BLACK HISTORY MONTH

Building
Towards the FUTURE of
Cross Country Elementary Middle School


BLACK HISTORY MONTH

Perfect Attendance
Second Quarter
Third Quarter
Fourth Quarter
HALL of SUCCESS
Cross Country Elementary/Middle School
Student/Staff of the Month
Congratulations Honor Roll
First Quarter
Second Quarter
Third Quarter
Fourth Quarter
"Together We Believe, Achieve & Succeed"
CROSS COUNTRY
ELEMENTARY/MIDDLE SCHOOL #247
Home of the Eagles
"A Place of Passionate Teaching and Learning"


Home
Guests
WILDCA


WHS
CR13

ALL FEELINGS ARE WELCOME HERE

HAPPY PROUD EXCITED THRILLED
RELAXED FOCUSED CONTENT CALM
BORED SICK SAD TIRED
ANGRY WORRIED FRUSTRATED ANNOYED

HEALTHY CALMING STRATEGIES

LISTEN TO MUSIC | BUILD A PUZZLE | COUNT TO TEN | ASK FOR HELP
READ A BOOK | GO OUTSIDE | EXERCISE | PRACTICE GRATITUDE
PET AN ANIMAL | BREATHE DEEPLY | WRITE YOUR THOUGHTS | COLOR

THINGS I CAN CONTROL

Color All Around

Primary Colors = RED YELLOW BLUE
Secondary Colors = ORANGE GREEN VIOLET
Neutral Colors = WHITE BLACK GRAY BROWN

Colors can be: WARM / COOL

Colors can be: LIGHT / DARK

The Artist Pledge
As an artist, I pledge to try my best every day. I will:

A Always listen and follow directions.

R Raise my hand before speaking.

T Treat others and supplies with respect.

I Imagine my own ideas and be creative.

S Sit and stay in my seat.

T Take time to clean up my area.

Word

Change Your Words

Fixed

I can't do this.

I need a break.

Change Your Mindset

Growth

I can do it YET.

Wall

Los colores

We Know Our Colors!

Water Station

Buffet

Glue Sticks

Pencils

Markers


EXIT
FIRE ALARM ANNUNCIATOR
NORTHWESTERN HIGH SCHOOL #401
The Welcome Center
EXIT only
SOCIAL DISTANCING BET